

massage therapy



After a brief consultation with you, our qualified massage therapists will assess your body's needs and deliver a treatment that will relax, revive and invigorate.

Back, Neck & Shoulders (Firm pressure to relieve tension)	25 mins	\$80.00
Full Body Massage (Focus on target areas)	50 mins	\$105.00
	75 mins	\$140.00
Head, Hands, & Feet	30 mins	\$75.00
Foot and Leg Therapy Helps relieve tired, aching feet and swollen, sore ankles and calves.	30 mins	\$75.00
Neck & Scalp Massage A head, neck and shoulder massage to release tension, headaches and anxiety that includes a hair and scalp treatment mask to leave your hair silky soft.	30 mins	\$70.00
Mother-To-Be	30 mins	\$75.00
Mother-To-Be - nurturing massage (not recommended until after the first trimester)	60 mins	\$100.00

facial treatments

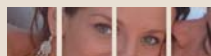


Club Spa's professional Skin Therapists will analyse your skin and tailor a facial to suit your needs.

Marine Revive Facial Double cleanse, exfoliation, mask treatment and moisturiser application	30 mins	\$80.00
Marine Replenishing Facial Double cleanse, steam therapy, exfoliation, facial massage, mask treatment and moisturiser application	60 mins	\$110.00
Ultimate Facial Double cleanse, steam therapy, exfoliation, facial massage, high performance mask treatment, moisturiser application	90 mins	\$150.00
Professional Skin Analysis As trained Skin Therapists, we can advise you of your skins individual needs and guide you on which treatments and home care products will help to keep your skin balanced and in the best possible health.	15 mins	\$10.00
Make Up Enjoy the colour, coverage and benefits of our mineral based make up range, Cosmetic Lab.	30 mins	\$85.00



couples retreat



Club Spa Dual Massage **60 mins** **\$185.00**
Our skilled massage therapists will relieve your tension and help you unwind in tropical bliss as you lay side by side. A shared memory.

Long Island Getaway **60 mins** **\$220.00**
Getaway from it all and recharge and renew with a 30 mins Massage and a Marine Revive Facial. You will both look and feel sensational.

essential extras



Hydrotherapy Bath **30 mins** **\$40.00**
The hydrotherapy tub incorporates four different body zones and uses specifically placed water and air jets, programmed to target individual body areas. This enables a concentrated treatment that stimulates circulation and improves toxic elimination through lymphatic drainage.

Vibro Massage **15 mins** **\$30.00**
The Vibro Massage table provides an immediate sense of relaxation and stress relief, helping reduce the discomfort of aching muscles and can be adjusted to a delicate or deep-penetrating vibrational massage. (Extra \$10.00 with infrared)

Steam Sauna **15 mins** **\$30.00**
The steam sauna uses a moist heat that is deeply cleansing for the skin and stimulates the body's elimination system, also perfect before a massage as it warms the muscles ready for manipulation.

Infrared Sauna **15 mins** **\$30.00**
The infrared sauna provides a dry, radiant heat that reaches deep into the muscular structure, increasing cell metabolism. One treatment consumes similar amounts of calories to an aerobic workout!! Great for weight management programs and for deep-seated muscular problems.

Golden Glow **60 mins** **\$90.00**
A safe and effective way to obtain a natural, golden tan without exposure to the sun's damaging UV rays. Our marine body peel sloughs off surface skin cells, then we evenly apply "Tan-line" spray-tan giving your body a natural realistic golden tan.

Spray Tan **15 mins** **\$60.00**

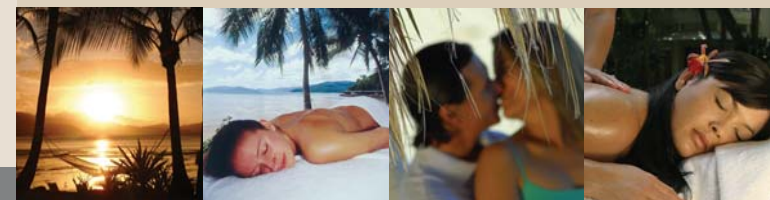
whitsunday club spa



spa relaxation massage



beauty health



Please make bookings in advance to avoid disappointment. All prices include GST. Cancellations made on the day of your appointment will incur a 100% cancellation fee.

SEE SPA FOR BOOKINGS or call extension #1655

www.clubspa.info

www.clubspa.info

hands & feet

Our hands are constantly exposed to the elements, so spoil them with a Manicure Treatment.

Spa Manicure 45 mins \$65.00

Lay back and relax while your hands and forearms are exfoliated, nails and cuticles tidied and the treatment finished off with a gentle massage and nail paint.

Paraffin Manicure 60 mins \$80.00

After your manicure your hands are wrapped in a cloth soaked with hot paraffin wax. This is extremely hydrating, nourishing and softening. Then finish with a nail paint.

Spa Manicure & French Polish 60 mins \$80.00

Express Manicure 30 mins \$45.00
Lay back & relax with a file and buff of your nails, finishing with a nail paint.

Spa Pedicure 60 mins \$70.00

Relax and enjoy an exfoliation of your lower legs & feet, nail and cuticle tidy and heel rasping, followed by a soothing foot massage & nail paint.

Paraffin Pedicure 60 mins \$80.00

After your pedicure, your feet will be wrapped in a cloth soaked with hot paraffin wax. This is extremely hydrating, nourishing and softening. Then finish with a nail paint.

Spa Pedicure & French Polish 60 mins \$80.00

Express Pedicure 30 mins \$50.00
Lay back and relax with a file and buff of your nails, finishing with a nail paint.

***Additional services like Nail Art ADD** 15 mins \$30.00

eye care

Your eyes are the windows to your soul, so try these treatments and feel confident that your eyes will always look stunning.

Eyelash Tint 20 mins \$25.00

Eyebrow Tint 10 mins \$20.00

Lash & Brow Tint 20 mins \$40.00

Anti Ageing Eye Treatment 30 mins \$60.00

- refreshing, firming, super hydrating and anti-ageing.

spa therapies

Hot Stones 75 mins \$220.00

In this hot/cold stone massage you will enjoy the benefits of heat in relieving muscle tension. The therapeutic use of smooth, warm rocks applied expertly on areas of the back and used during your massage to achieve a combination of deep tissue treatment and pressure to melt away any unwanted stress and tension. This massage will leave you with an intense sense of calm and tranquility.

Tropical Heat Wave 30 mins \$50.00

Be transported as you soak on our state of the art Hydrotherapy jet tub, infused with Club Spa's Signature scented milk bath blend. Then we will apply our own 100% natural scented body butter. You won't believe how soft your skin will feel! A must!

So Polished 75 mins \$155.00

Have an Express Manicure and Pedicure with the added delight of a daily facial.

The Oasis 90 mins \$165.00

Relax your body, de-stress your mind and revitalise your skin with either a 60 mins Marine Replenishing Facial and 30 mins Massage or a 60 mins Massage and a 30 mins Marine Revive Facial, the choice is yours.

Tropical Bliss 90 mins \$180.00

Club Spa's famous signature treatment using our unique 100% natural and Australian made body care range. Your sensory journey begins with a full body exfoliation, using our white sand scrub, followed by your choice of body wrap; either the antioxidant rich Green Tea Wrap, perfect for sunburnt skin or the hydrating Chocolate Fizz Wrap which is steam infused in our hydro bath. Enjoy an incredible scalp massage and hair treatment mask, a shower with our divine shower gel and to finish off an all over application of our scented lotion to complete your body cocktail.

Revitalising Marine Body Wrap 120 mins \$220.00

An invigorating body exfoliation using a blend of sea salt, micronised volcanic earth and algae minerals prepares your skin to accept the warmed vitamin and mineral rich seaweed and algae mud. While your skin is absorbing these marine trace elements your body releases stored toxins and lactic acid build-up from the muscles, joints and connective tissues, helping to decongest and tone. Finish off this powerfully detoxifying treatment with a 60 mins Massage to encourage your body's healing abilities.

The Awakening 180 min \$350.00

Indulge yourself with a top-to-toe total make over. Be enveloped in an herbal body wrap, pampered with a Marine Replenishing Facial and 60 mins Massage, then treated to a manicure and pedicure with your choice of colour application to complete the gorgeous new you.

Revival 90 mins \$150.00

An invigorating body exfoliation using micronised sediments prepares your skin for your choice of wrap. Be steam infused for ultimate results and relaxation, then finish with a circulation enhancing massage. Add a daily facial for only \$40 extra.

Long Island Escape 60 mins \$130.00

A relaxing 30 mins Massage and Marine Revive Facial to alleviate tension and refresh the skin.

a man's world

Men's Skin Treatment 45 mins \$80.00

Men's Foot Revival 45 mins \$65.00

Men's Hand Repair 45 mins \$55.00

Manscape 120 mins \$210.00

Escape all your cares as our therapist wraps you in remineralising marine algae, then pampers you with a facial and scalp massage. Drift off during your full body massage to complete your spa experience..... Try something new!

body grooming

We provide no mess, residue-free waxing, for even the most sensitive skins.

Half Leg - to just above the knee 15 mins \$30.00

Full Leg - to the top of the thigh 20 mins \$50.00

Bikini - two fingers from underwear line 20 mins \$30.00

G-String Bikini 25 mins \$40.00

Brazillian XXX 30 mins \$55.00

- completely removes all hair or you can leave a 'landing strip'

Full Arm 30 mins \$35.00

- from the top of the hand to the shoulder

Underarms 20 mins \$25.00

Lip 10 mins \$15.00

Chin 10 mins \$15.00

Eyebrows 10 mins \$20.00

Back Wax 30 mins \$40.00

Stomach 20 mins \$30.00

Chest 20 mins \$30.00

Shoulder Wax 15 mins \$20.00

Times listed are an estimate only. A surcharge may apply where times are exceeded.

retail therapy

We stock a comprehensive and professional range of skin care. We have lovely gifts and giftpacks for friends and family and beauty essentials you may need such as nail products and polishes, hand and body lotions, sunscreen and after sun care. Club Spa's exclusive signature scented massage oils, hair and body products allow you to take a piece of paradise home with you.

